



2019
Year In Review

**NURSES FOR SEXUAL &
REPRODUCTIVE HEALTH**



nurses
for sexual & reproductive health



LETTER FROM THE EXECUTIVE DIRECTOR

Thanks to the continued support of our funders and supporters, 2019 was a very exciting and fruitful year for Nurses for Sexual and Reproductive Health. Much of 2019 was dedicated to developing the infrastructure and leadership needed for NSRH to stand more fully in our new mission to serve nurses, midwives, and students of those professions interested in providing and/or supporting full-spectrum SRH care, including abortion, throughout the trajectory of their careers.

We are committed to providing nurses with the tools, services, and resources they need in order to do the critical work they do. We have a new interactive website, a new strategic plan, new staff, and are launching a number of new initiatives; like the Helen Pearl Lay Watson Clinical Externship Program for RNs.

While we celebrate the many exciting possibilities and opportunities that arose in 2019, we also mourn the great loss of our beloved Board Member, Karen Edlund, RN. This was a great loss, not only to NSRH, but also to the many other organizations and individuals she touched. In honor of Karen's tremendous contributions to NSRH and the larger movement; we launched the Karen Edlund, RN, Future Leader Award. This award will support the continued development of future generations of nurse leaders and advocates.

In addition to this very personal loss, we continue to share in the challenges faced throughout the sector due to increasingly restrictive policies that threaten everyone's autonomy and access to comprehensive healthcare. Much like eucalyptus blooms after a devastating forest fire, NSRH is learning to transform the destruction caused by this hostile political landscape into fertile soil for the blossoming of new beginnings.

As we look to 2020, NSRH remains committed to cultivating nurses who are prepared to care for whole people: people who have sex, experience pleasure, and sometimes procreate under various conditions and circumstances. We commit to the following values to guide this critical work:

- Integrity: Our work is rooted in the trust of individuals, their communities, and the nurses and other healthcare providers who care for them. We honor and recognize the credibility and expertise of providers at all levels.
- Culture: We support the role of culturally rooted and alternative/holistic models of care, particularly as practices essential to the well-being of diasporic and indigenous communities, and people of color.

- **Equity:** Everyone has a fair opportunity to attain their full health potential regardless of race, class, citizenship status, ability, creed, age, religion, sexual identity/expression, or geography. Quality, accessible healthcare is a human right.
- **Intersectionality:** Oppression is systemic and intersected, and our approach to healthcare is rooted in affirming the various identities and experiences of patients and providers. We collectively challenge racism, ageism, classism, homophobia, xenophobia, white supremacy, misogyny, sexism, and all oppressive structures and systems.
- **Pleasure:** Pleasure is a form of care and a radical act in the fight for sexual and reproductive freedom and justice. We believe in centering consensual sex as a form of pleasure.
- **Power:** Nursing and social justice are inherently linked. Therefore, it is the role of nurses and other healthcare providers to challenge power structures and systems that inhibit the health and wellness of their communities. This includes transforming relationships of power inter-professionally and between providers and patients.
- **Safety:** Criminalization and policing of women, people of color, and LGBTQ+ people in ways that interfere with and obstruct bodily autonomy, humanity, and life is inhumane and a threat to our communities. We support healthcare provision free from obstruction by law enforcement.
- **Science:** Patients and their providers should be empowered with evidence-based, comprehensive sexual and reproductive health education and information.
- **Trust:** Patients should be trusted to know what is best for their body and their family and are deserving of access to the services and care that support those choices.
- **Wellness:** The spectrum of sexual and reproductive health care does not center on the events of conception and pregnancy alone nor is it limited to interactions with a healthcare provider. We believe in compassionate care that supports the whole person, mentally and physically, throughout their lifespan.

During these tumultuous times it is critical that the SRH community band together to advocate for sexual and reproductive health and justice and you are a critical partner and ally in this movement. With your support, NSRH will continue to flourish in our work to ensure that comprehensive healthcare is accessible to all.

Thank you for your support!



LINA BUFFINGTON

Executive Director

Nurses for Sexual and Reproductive Health





NURSES FOR SEXUAL AND REPRODUCTIVE HEALTH

OUR VALUES



OUR VISION

A world in which all people have access to just and dignified comprehensive healthcare.

OUR MISSION

To provide students, nurses, and midwives with education and resources to become skilled care providers and social change agents in sexual and reproductive health and justice.

OUR IMPACT

Nurses, midwives, and the students of those professions are educated to both provide full-spectrum sexual and reproductive healthcare, and advocate for access to all.

A YEAR IN NUMBERS

ORGANIZATIONAL REACH:

26 chapters

19 states

THE ANNUAL CONFERENCE:

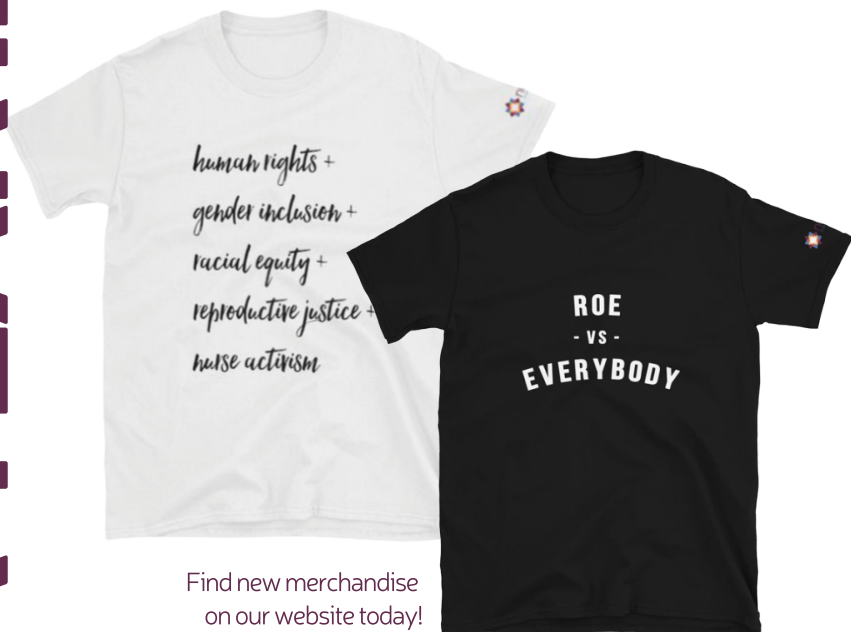
169 attendees

31 student
scholarships

13 colleges

25 states
represented

*"NSRH has turned me into an
activist and a leader."*



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THEORY OF CHANGE

Sexual and reproductive health (SRH) is an integral component of overall health and well-being, yet millions in the US lack access to comprehensive healthcare that includes full-spectrum SRH, including abortion. This is especially true for communities who are low income, of color, LGBTQ, young, and/or living in underserved areas. In order to provide comprehensive healthcare to ALL, nurses must:

- Receive SRH education,
- Understand how economic and socio-political factors impact patients' sexual and reproductive lives, and
- Reflect the diversity of the communities they serve.

NSRH will serve as a “Home” for nurses, midwives, and students of those professions interested in providing and/or supporting full-spectrum SRH care, including abortion, throughout the trajectory of their careers, through our 3-pronged strategy:

1. SRH Education
2. Professional Development
3. Advocacy



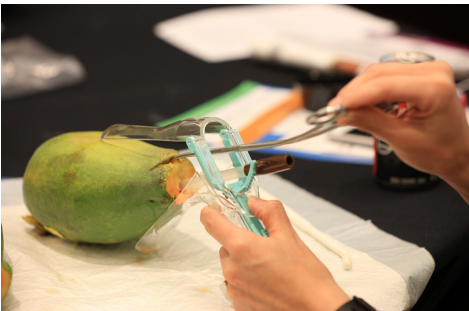
EDUCATION

Increasing SRH Proficiency in Nursing

Through our Education Program, NSRH provides evidence-based SRH content, tools, and support for current and future generations of nurses.

NSRH will pilot two primary activities in this area:

- Online Institute - A user-centric digital learning portal for SRH curriculum.
- NSRH Rotations - In-person convenings and events that bring together nursing students, nurses, midwives, and other SRH practitioners, as well as advocates to network, strategize, and re-energize in order to create a well-trained and empowered network of nurse advocates for SRH.



"NSRH is what's missing from my education and I am so grateful for the opportunity to learn here."

ADVOCACY

Cultivating Nurse Leaders in SRH

Through our Advocacy Program, NSRH will provide workshops, tools, and online resources that build capacity among the members to serve as advocates for SRH and justice.

The organization will pilot two primary activities in this area:

- Chapter Organizing - An organized, nationwide community of nursing schools, students, and educators elevating nursing education by advancing sexual and reproductive health, rights, and justice.
- Advocacy Toolkit - Online tools and resources to support SRH advocacy.



"Induced abortion is a safe procedure that approximately 1 in 4 women in the US will undergo in their lifetime."



PROFESSIONAL DEVELOPMENT

Cultivating a Community of Practice

Through NSRH Professional Development Program, the organization will provide access to continuing education opportunities, as well as career guidance and professional support.

The organization will pilot one primary activity in this area:

- NSRH Membership Program - Provides nurses, midwives, and students of those professions with access to curated professional development experiences and opportunities within SRH, RR, RJ, and access to online learning modules and advocacy tools. It will also allow for access to a community of other nurses to network and share resources.

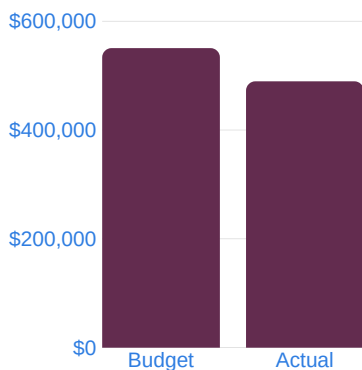
"NSRH inspired me to be more open, non-judgemental, & supportive as a provider in all aspects of care."



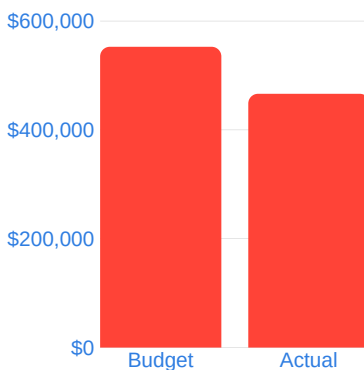


2018-2019 FINANCIALS

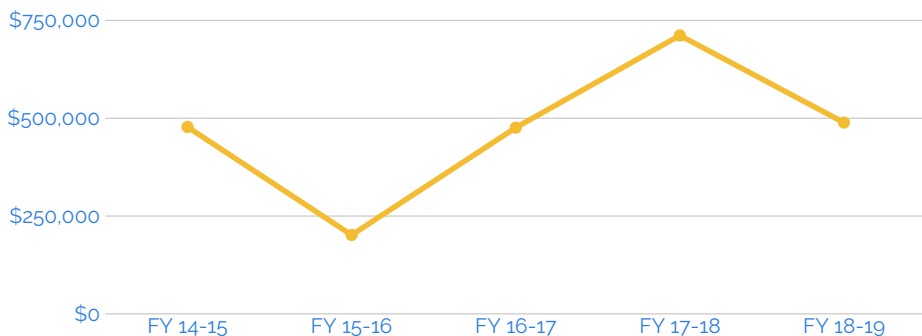
Income FY 2018-2019



Expense FY 2018-2019



Income YoY



Charts are derived from the annual 990.

Only 17% of students feel that their nursing program adequately prepares them to work in the sexual and reproductive healthcare setting.

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