# NURSES FOR SEXUAL



# & REPRODUCTIVE

HEALTH annual report



2021 - 2022

Over the last two years we have witnessed large scale rollbacks on civil and human rights, particularly

in the realm of sexual and reproductive healthcare. Though these have been challenging times for all of us, NSRH remains undaunted in our mission to to provide students, nurses and midwives with education and resources to become skilled care providers and social change agents in sexual and reproductive health and justice. Even with these increased barriers FY 21/22 was a momentous

year for NSRH. We launched our Membership Program, Online Institute, the first cohort of the

Karen Edlund Future Nurse Leaders Program, and the first cohort of the

Training in Abortion Care Residency Program.

A lot of hard work went into laying the groundwork for the various programs and initiatives that we launched last year. With the successful launch of these initiatives, we are poised to become the preeminent organization serving nurses and nursing students within the sector. We know that none of this would have been possible without the stalwart support of our community, members, and donors.

### LINA BUFFINGTON, EXECUTIVE DIRECTOR



### FINANCIALS

Our spending went towards supporting our staff, using effective platforms for our members to engage and learn, and creating impactful events for our members.



### Annual Revenue

\$583,501

### Annual Spending

\$589,409

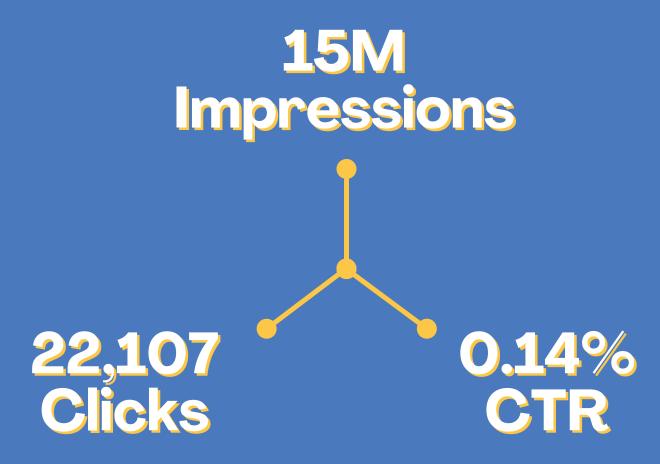
### BRANDINGCAMPAIGN

In an effort to universalize our messaging and branding, our team, with the support of Vision First, developed and launched a paid media campaign to educate providers about the importance of sexual and reproductive health across the nursing disciplines. The campaign also centered nurses as cricial providers of abortion care in digital and adversiting spaces.

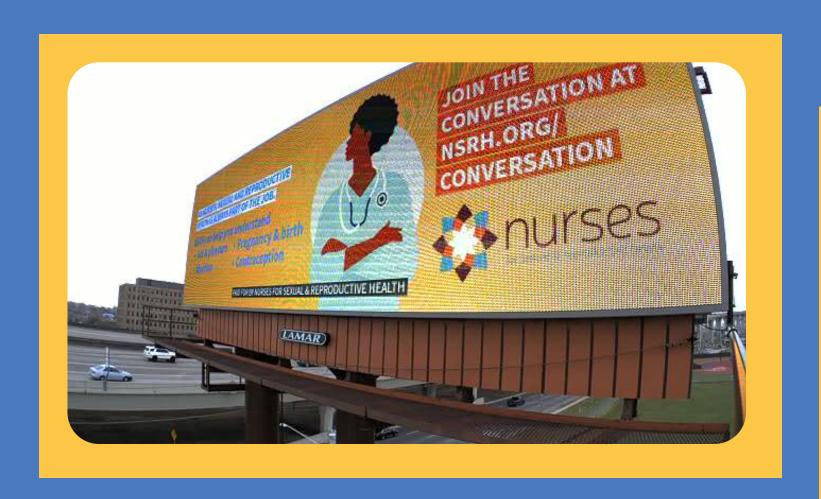
Google Search

Advertisements

Billboards



### BILLBOARD CAMPAIGN



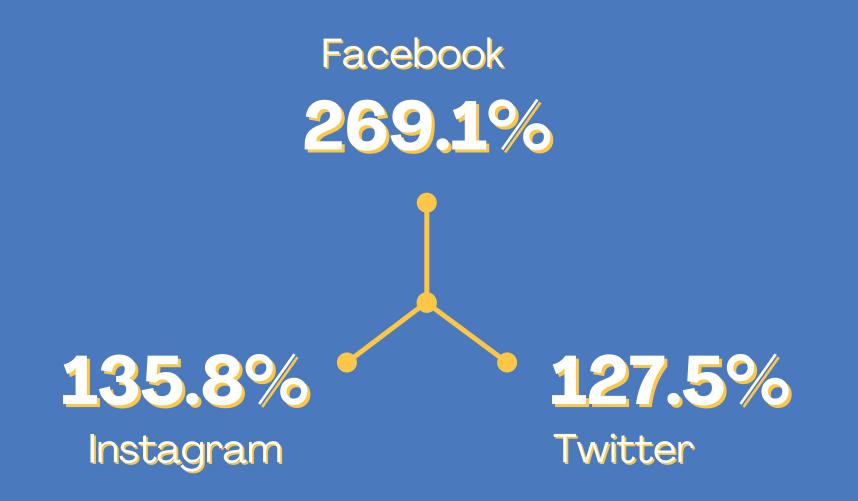


We also designed billboards to target viewers in New Orleans, LA; Jackson, MS; and Columbia, SC in an effort to engage nurses in underrepresented areas. These ads ran from from March to April 2022.

### SOCIAL MEDIA REACH

With a more dedicated and expanded social media presence, our engagement across our various accounts increased. We've seen a growth of 177.5% on average over the past year.

### Percent growth since FY 20/21



### CORE VALUES

Culture

Equity

Pleasure

Integrity

Trust

Safety

Science

Wellness

Power

Intersectionality





### KAREN EDLUND NURSE LEADER FELLOWSHIP



We launched the Karen Edlund (KE) Future Nurse Leader Fellowship in 2021 to provide targeted resources and support to a cohort of historically excluded nurses in our Network (specifically Black, Indigenous and Latinx) to help them fulfill their leadership goals.

This fellowship is named in honor of our beloved deceased NSRH Board Member Karen Edlund, RN, an exemplary nurse leader who was key to ensuring access to comprehensive SRH services for the people of Massachusetts.



### 2021

### 2022























"Providing trauma informed care in the health care setting is essential when dealing with sexual assault cases. I want to better understand how trauma informed care translates into bedside practice"

"I seek to host a Women's Gender and Sexual Health Teach-In which would cover sexual education, the different types of birth control options available, demystifying beliefs about transgender and gender-nonconforming people, education about pronouns, and consent."





"Provide wellness kits to people who do sex work in the Southern California area."

# KAREN EDLUND FUTURE NURSE AWARD



The Karen Edlund (KE) Future Nurse Leader Award recognizes exceptional student chapter leaders and was created as another way to honor Karen's lifelong commitment to sexual and reproductive health and her tenure on the NSRH Board of Directors.

In 2021, Katrina Lipinsky, as the chapter leader for UPenn's NSRH Chapter, was selected as the first recipient of the award. Lana Keusch received the 2022 award for her work to establish a robust NSRH Chapter at Duke University.



2021

Katrina Lapinski Lana Keusch

2022









### ONLINEINSTITUTE



Our Online Institute fills a critical gap in nursing education by providing a user-centric online learning portal for nurses and nursing students to access educational modules in sexual and reproductive health and justice including abortion care provision.

We launched the Online Institute in 2021 and have continued to curate SRH education to create accessible and affordable online learning modules that are designed to specifically target the unique needs of nurses.









### COURSE MODULES



### WEBINARS

Contraception: An Overview

Abortion & Public Health

Reproductive Justice for Nurses

Professionalism in Sexual & Reproductive Health Nursing

**Abortion** 101: Medical Management

Sexual & Reproductive Health & Nursing

Adoption for Health

Online Privacy for SRH Nurse Advocates

**Abortion** Provision, Access & Nursing: Clinical Care, **SMA** and Telemedicine

Mandatory Reporting & Self Managed Abortion

Reproductive Justice Member Education Series

Pregnancy **Options** Counseling Professionals

# TRAINING IN ABORTION CARE (TAC) RESIDENCY



The TAC Residency is designed to address the need for more full-spectrum clinical training opportunities for registered nurses. We believe that through intentional support and hands-on clinical experience within their scope of practice, we can build a robust cadre of compassionate and informed nurses who will strengthen the advocacy and reproductive health landscape in their states. The pilot cohort of three residents were from Tennessee and Kentucky and worked in clinics in Tennessee.











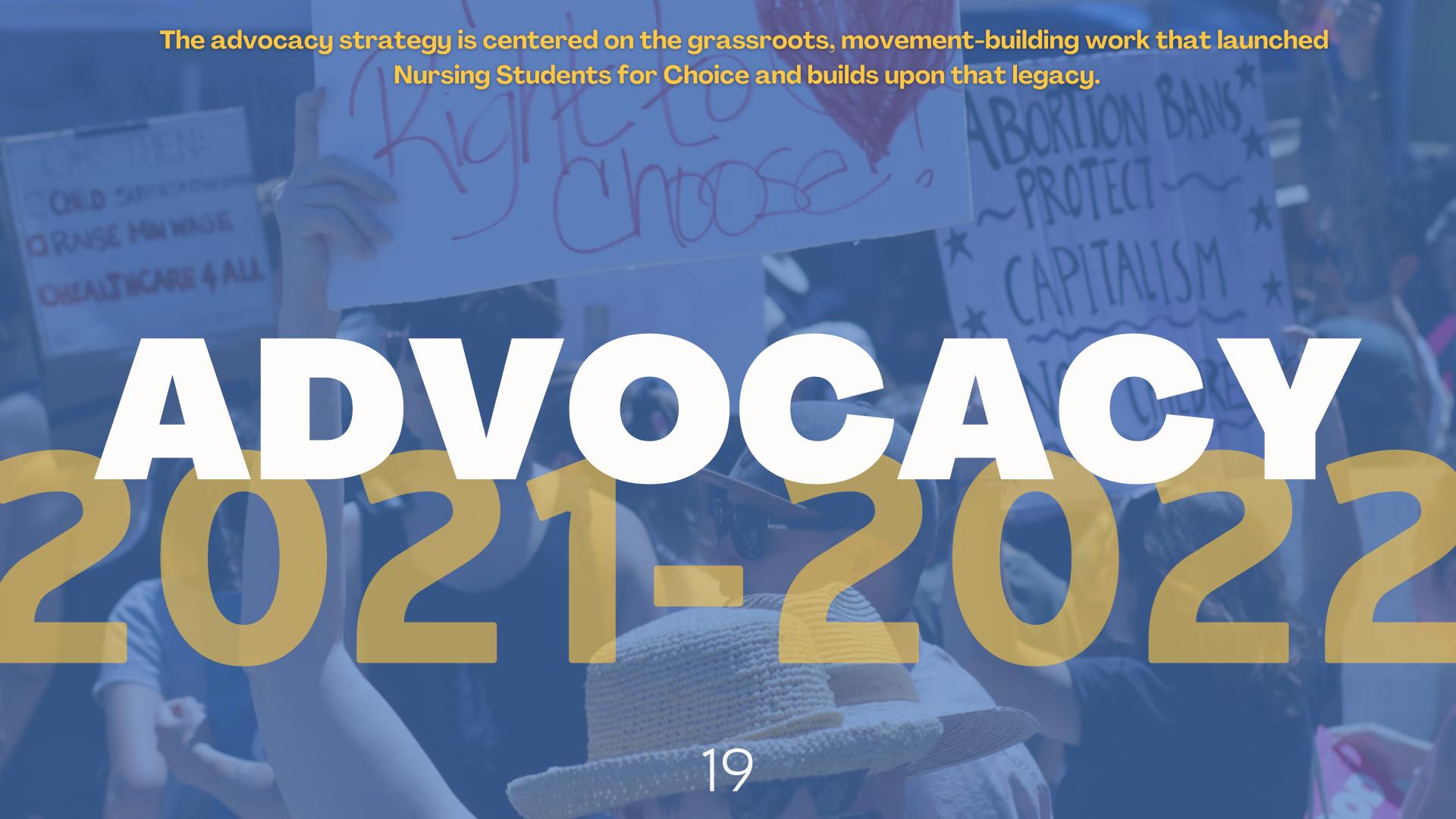
"I learned so much. I got so much more comfortable with medication abortion, particularly knowledge of mife and miso as well as effective patient education."

"Hands on experience in patient care that has allowed me to build confidence and the honor of hearing the stories shared with me by patients that will continue to ground my work."





"I'm new to being a nurse, to abortion care, and to the social justice framework in general, so I feel like this residency has really has helped me be a better nurse and advocate for my patients."



# STUDENT ORGANIZING PROGRAM



Our Chapter Organizing Program is a nationwide community of nursing students and educators at nursing schools throughout the country that organizes and advocates for the inclusion of sexual and reproductive health, rights, and justice within nursing education.









### CAMPUS CHAPTER EVENTS



An Abortion Provider Panel

Journey to Parenthood: Family Building for LGBTQIA+ Couples

Endometrial Biopsy Workshop STI Bingo

Reproductive Freedom & Incarceration Series

Papaya Workshops Perinatal Mental Health Group Care Dynamics

Comprehensive Nursing Care & Inclusive Language for LGBTQI+ patients

Pelvic Exams and Trauma Informed Care

Getting into SRH Research Panel Health Care Providers & Policing Pregnant Patients

Contraceptive Counseling for Nurses

Pelvic Floor Basics for Nurses

### ANNUAL STUDENT CONFERENCE

We hosted a virtual day-long conference in April 2022 called "Critical Thinking For Critical Care: Envisioning Equity Through Nursing".

From critiquing systems of harm within research, to deepening their understanding of SRH in different nursing sectors, to learning to engage in digital SRH activism - participants came away feeling empowered to create the care we dream of.









Our professional development strategy provides access to continuing education opportunities as well as career guidance and professional support to our members.

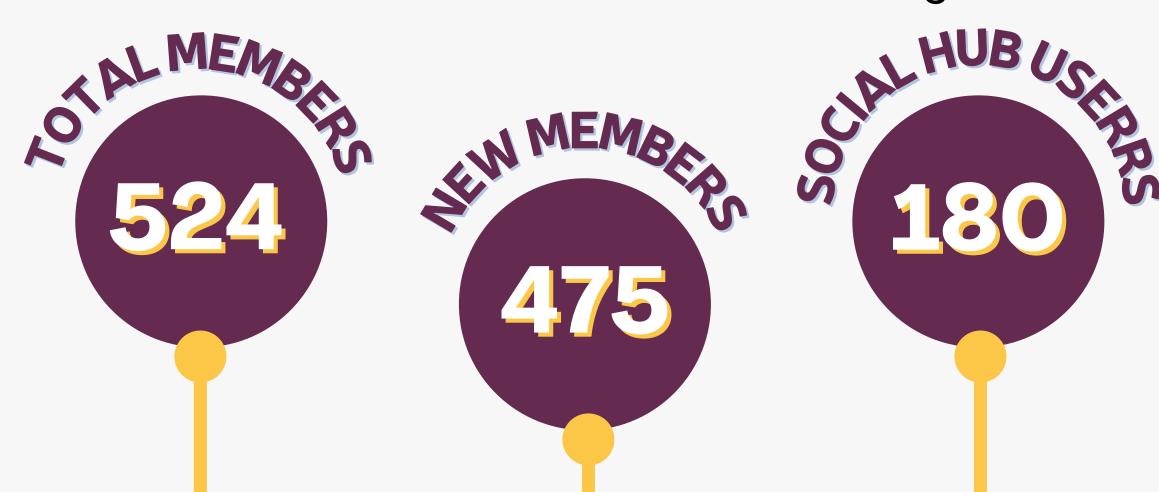
# PROFESSIONAL DEVELOPMENT

### MEMBERSHIP PROGRAM



NSRH members are part of a trusted community that unites people, knowledge, and networks from across the nursing field to improve the health and wellness of our communities. Our official Membership program launched in 2021 to support nurses across all disciplines in their SRH education and professional development.

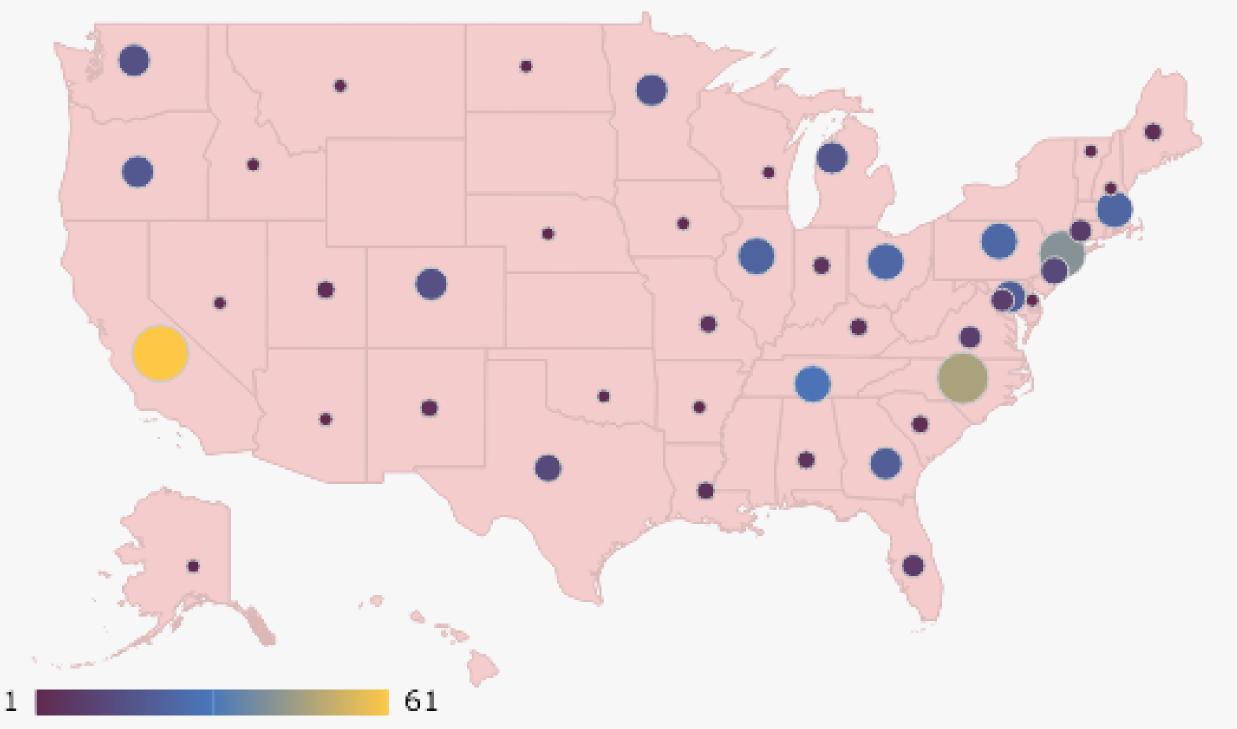
W also launched the NSRH Social Hub, a closed and secure virtual community and app that allows our members to network and share resources safely online.





### MEMBERSHIP MAP













# MEMBER TESTIMONIALS



### CASSANDRA DURIAN

As an alumni of the NSRH Karen Edlund Fellowship, I learned how to be a stronger advocate in a new career of nursing. SRH is a vital conversation to be discussed in every area of nursing and I feel grateful I was able to share what I learned with my nursing cohort,

### VICTORIA JACKSON

"Reproductive Justice and abortion access are the issues that are most important to me. I continue to raise awareness in my home state of Alabama. I also enjoy teaching sexual health to young adults and adolescents. As a student, I enjoy the webinars hosted by NSRH. I enjoy being a part of this organization. I can not wait to continue to learn!



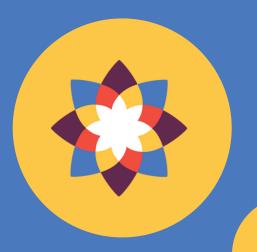


### AIYANADAVISON

hope within this council that we will see the revolutionary development of radical nurse leaders who will change the landscape of nursing and healthcare in specific disadvantaged communities. The culture of nursing requires change and underrepresented nurses are actively and passionately formulating methods to aid with that change-- and I hope to support, promote, witness, and be a part of that change.

### IN CLOSING...

The only way to ensure that everyone has access to safe abortion care is to make sure that as many nurses as possible are fully trained to provide abortion care within their scope of practice, while continuing to advocate for increased scope of practice. NSRH is the only organization dedicated to achieving this goal.



In this 2021 - 2022 fiscal year, we were able to lay a solid foundation for achieving that goal and are now at a point in our evolution where we can begin to think about increasing our scope and scaling up our work. In order to scale our work, we must have the necessary resources that will allow us to increase the scope and reach our programs. Our members, partners, and donors play a critical role in ensuring that we have the resources we need to do our critical work.

### Thank you for your support!