

**Nurses for Sexual &
Reproductive Health**

ANNUAL REPORT



2022 - 2023



Lina Buffington,

Executive Director

FY 22/23 was an exceptional year of both challenge and growth for NSRH. Our Team has continued to grow and welcomed in two very talented new members, Christy and Jace. We were also incredibly proud to welcome 427 new members into our community last year. We also completed a strategic planning process and started work on developing a business/sustainability plan to ensure the long-term growth and health of our community.

As we enter FY 23/24 we look forward to partnering with Cultural Equity Lab to undertake a thorough evaluation of all of our programs and services to help us better understand the needs of our community and how we can continue to improve so that we can better meet those needs. We continue to be thankful for the amazing support that we receive from our community and look forward to growing together.

One of the most exciting developments was being awarded a large grant from the State of CA as a part of the Reproductive Health Services Consortium, an initiative aimed at ensuring that healthcare providers throughout CA have the education and training that they need to provide critical sexual and reproductive healthcare services, including abortion care provision.





Christy Alisea,

Deputy Director

I was fortunate to have been added to the NSRH team in August of 2022. FY 22-23 has been an incredible period for NSRH. This fiscal year has brought exceptional growth, capacity, and resources, as well as an explosion of community support. NSRH was awarded a large grant by the State of California, which was funded through a series of bills signed by Governor Newsom to expand and protect abortion rights and access in the State of California.

Through the Reproductive Health Services grant, we will be partnering with multiple organizations in California. NSRH is super excited to continue to provide learning and educational opportunities in the upcoming fiscal year, and we are extremely grateful to our members who continue to support our team and work.

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BIG PICTURE

Take a look at some of our topline accomplishments this fiscal year.

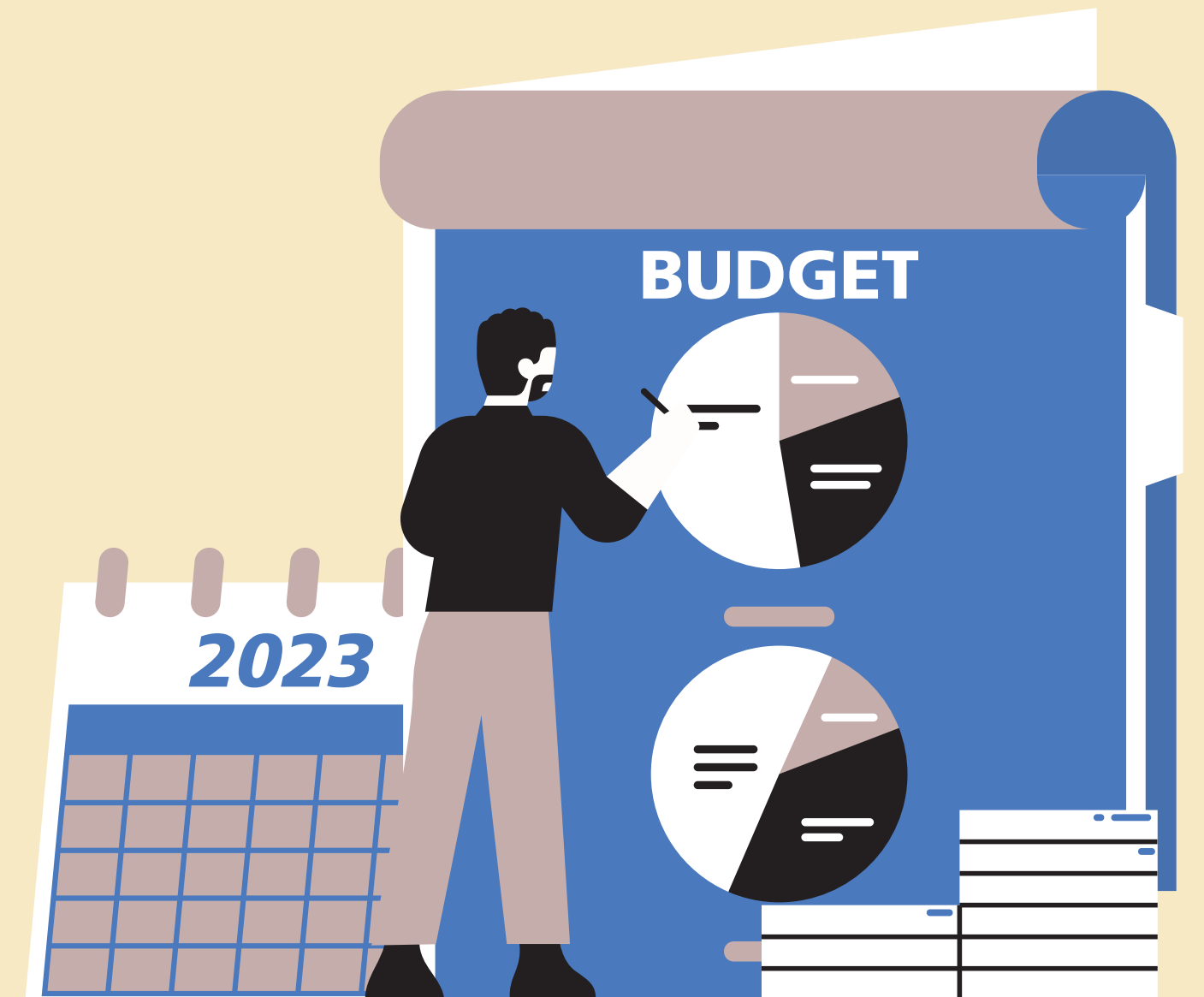


FINANCIALS

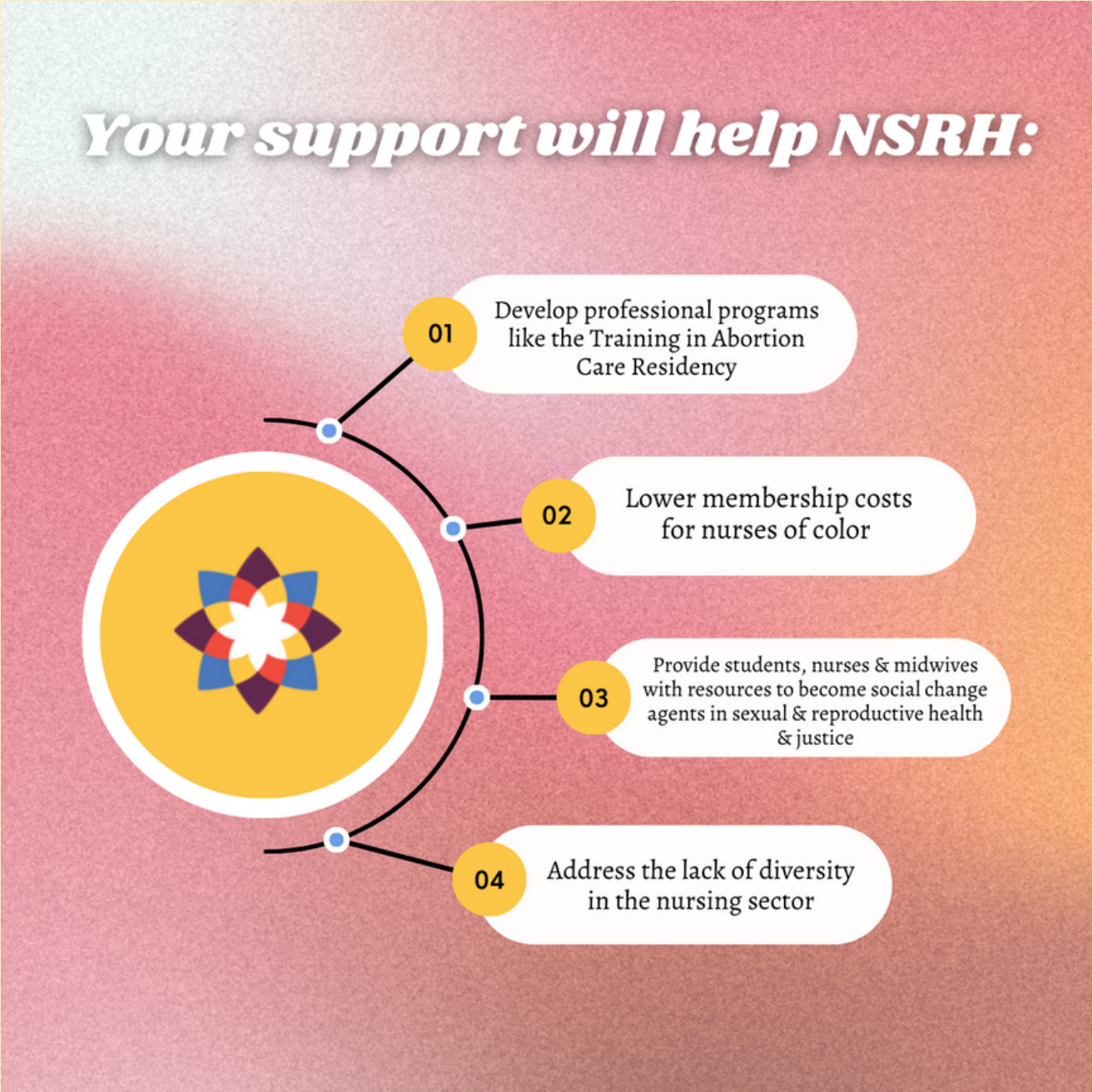
NSRH's spending went towards supporting our growing staff, re-vamping our platforms for our members to engage and learn, and creating impactful resources and educational events for our members!

Annual Revenue ————— **\$650, 510**

Annual Spending ————— **\$702, 755**



NATIONAL NURSES WEEK FUNDRAISER



NSRH executed our first large-scale fundraiser during National Nurses Week. Through a combination of new marketing strategies including storytelling from our student and professional network of members, toolkits, social media campaigns, and board involvement, NSRH was able to raise more than \$4k and saw an increase in social media engagement!

Total raised ————— \$4,863

NATIONAL NURSES WEEK FUNDRAISER

Stories submitted by members:

Meet: *Lindsey Hull (she/her)*

I currently work as a staff attorney for Pregnancy Justice (formerly National Advocates for Pregnant Women), a nonprofit legal advocacy organization dedicated to defending the rights of pregnant people against criminalization. I came to this work after years of serving as a labor and delivery nurse in east Tennessee during a time when the state legislature chose to expressly criminalize drug use during pregnancy. Through both of these roles and life experiences, I have developed a deep-rooted passion for building more sustainable healthcare policies that are grounded in evidence and centered around those who are most affected by them.



NATIONAL NURSES WEEK ...

Meet: *Chloe Kellom (she/her)*

Recipient of the Clinicians in Abortion Care Student Achievement Award!

As an African American woman from St. Louis, Missouri, I have observed and experienced a lack of education about SRH, Reproductive Rights, and Reproductive Justice. It is a lack of knowledge that tends to hold people in my community down, especially in these areas. There are so many young brown/black girls, including myself, who are the most susceptible to experiencing trauma centered around sex and reproduction. Even in the climate that the country is in with the Roe vs. Wade decision, people still need to be informed of their options. I want to be able to give my community the tools they need, regardless of the circumstances, to be able to feel comfortable, confident, and empowered by their bodies.



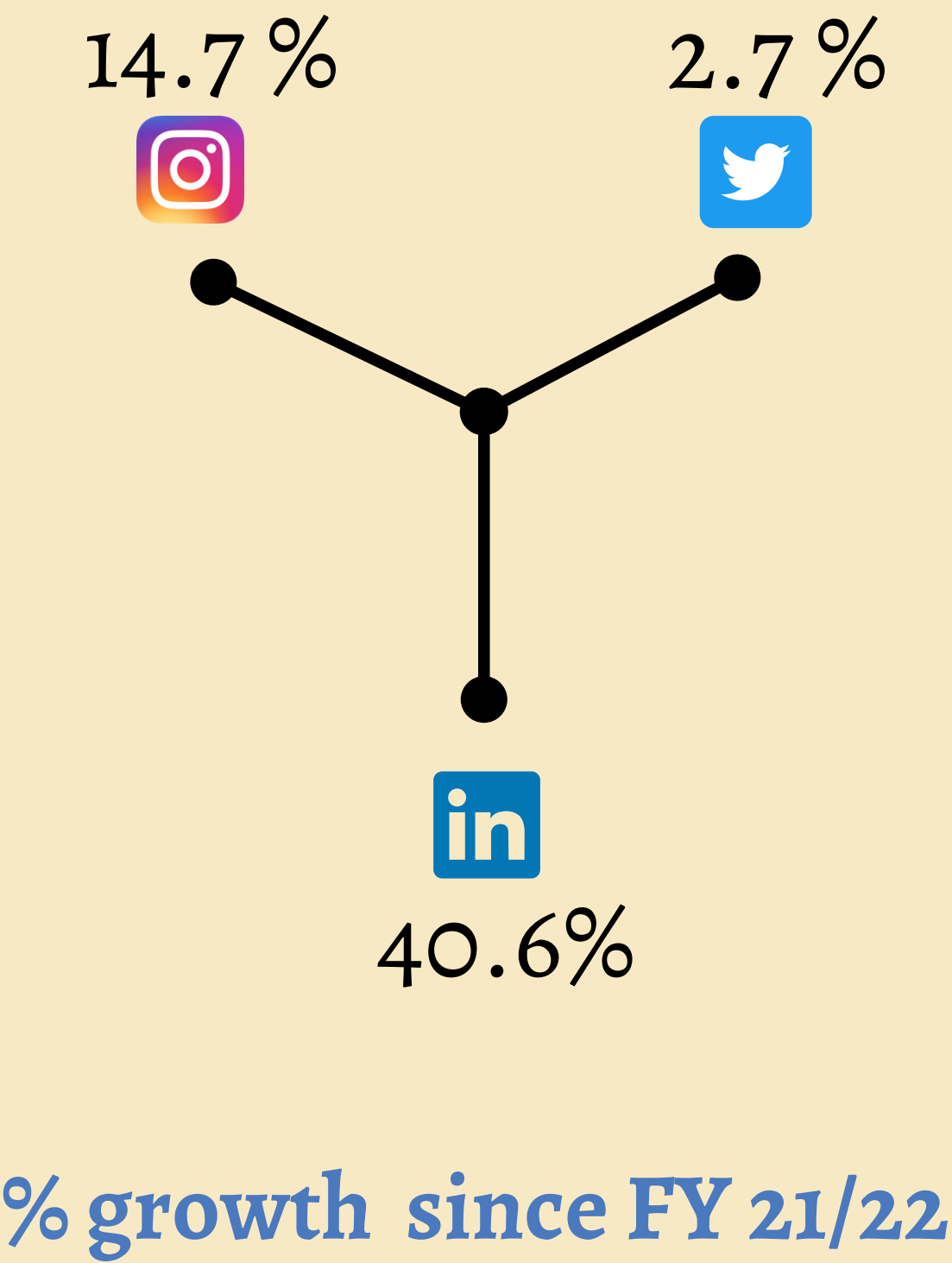
NATIONAL NURSES WEEK ...

SOCIAL MEDIA REACH

With a more robust social media strategy, NSRH was able to expand our reach, increase engagement, and bring new followers and members into our community.

Total Followers

| | | |
|-----------|------|-------|
| Instagram | ———— | 3,018 |
| Twitter | ———— | 2,380 |
| LinkedIn | ———— | 561 |
| Facebook | ———— | 4,520 |



NURSES FOR JUSTICE PODCAST



NSRH staff members Rosie Laine and Rimsha Syed created the ***Nurses for Justice*** podcast, which aims to celebrate and inspire people working in this sector by sharing stories to build **community, growth, and resiliency**. This podcast also gives our audience a **first-hand perspective on the many programs, courses, and educational series** that NSRH has to offer.

Statistics

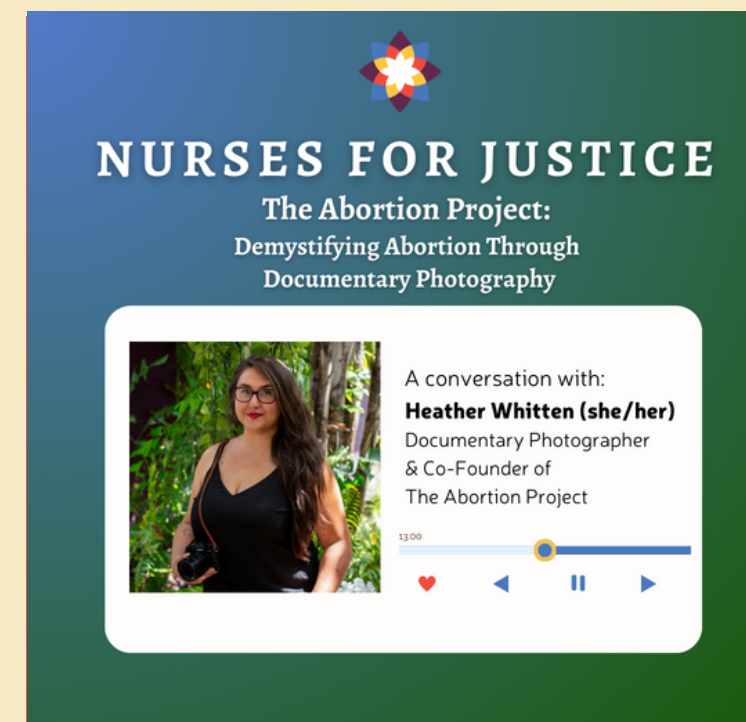
- Streams: 342
- Followers: 157
- Impressions: 780



Most Listened to Episodes | Total Episodes: 13



Tune in to hear from 5 different abortion care providers across the country who speak about their day-to-day challenges, their motivation to continue providing full-spectrum care, and what abortion access means to them!



After her own abortion experience, Heather co-founded The Abortion Project to document, demystify, and destigmatize abortion through photography.



As part of Nurses Week, we sat down with Stephanie Tillman, a long-time supporter of NSRH, who also served on the board! You may know her as the “Feminist Midwife.”



Tune in to hear more about Shanti’s work with SisterSong and the wonderful accomplishments of this organization!

NEW TEAM MEMBERS JOIN NSRH



Christy Alisea
Deputy Director

Christy is a nonprofit professional committed to racial and gender equality. She has over 15 years of development experience. Over the years, she has worked with state and federal agencies to secure funding for organizations serving marginalized communities. She has worked for various local and national organizations including the Alzheimer's Association, Think First National Injury Prevention, UCSD Health, and SURE Helpline and Crisis Center as a member of the Imperial County Sexual Assault Response Team.



Jace Anderson
Instructional Design Manager

Jace is a Registered Nurse with experience working with inpatient populations in Labor & Delivery, Antepartum, Postpartum, and Orthopedics. She began her path towards nursing after graduating from the University of Virginia with a degree in Sociology and Women's Studies. Seeking a second degree, Jace completed UVA's Clinical Nurse Leader program and graduated with her MSN. Since then, she has found passion in reproductive health as well as educating and training nurses.

NEW TEAM MEMBERS JOIN NSRH



Azero Alcala
Operations Director

Azero (he/him/hims) brings over 8 years of dedicated experience in the nonprofit sector, specializing in IT management and process development. His career has been defined by a strong commitment to helping organizations achieve their goals in uplifting BIPOC and LGBTQIA+ communities. Throughout his professional journey, Azero has consistently contributed to creating innovative and efficient solutions in the nonprofit realm.



Kimberlee DiBartolo
Relationships Manager

Kimberlee fell in love with social service organizations as a teenager. Inspired by working with people with intellectual/developmental disabilities, Kimberlee developed a deep passion for work in the human service sector. Decades later, Kimberlee is a passionate professional with years of distinguished performance in both the nonprofit and private sector. Kimberlee comes to NSRH as a marketer, fundraiser, and advocate who has worked with a wide range of social issues, including child abuse/sexual assault, domestic violence, developmental and physical disabilities, mental health, and more.

EDUCATION

Between new courses added to the Online Intitute to the launch of NSRH's Resource Library, it was a year full of robust educational materials and events for both student and professional members!





ONLINE INSTITUTE

Our Online Institute fills a critical gap in nursing education by providing a user-centric online learning portal for nurses and nursing students to access **educational modules in sexual and reproductive health and justice including abortion care provision.**

Total courses — 24

Courses added this fiscal year:

- Commerical Sexual Exploitation of Children
- Environmental Justice: Impact on Reproductive Health & Justice
- Bleeding and Contraception
- Substance Use Disorder and Family Planning
- GYN Care of Patients With Physical Disability
- Contraception During Cancer Care



2022 -23 MEMBER EDUCATION SERIES



Transformative Nursing: Deconstructing Punitive Healthcare Webinars

As nurses, it is important for us to examine how criminalization shows up both personally and institutionally so that we can better advocate for patients whose bodies are disproportionately surveilled, policed, and criminalized.

Sex Work & Human Trafficking: Navigating Complexities to Reduce Harm

Perinatal Substance Use: Harm Reduction for Nurses

Criminalization of Pregnancy: Miscarriage, Infertility, and Nursing Practice in a Post-Roe America

Care in Crisis: Resisting Criminalization of Mental Health in Nursing

TRAINING IN ABORTION CARE RESIDENCY (TAC)

As the nation's only hands-on abortion training residency for registered nurses, this residency aims to develop robust cohorts of nurses who are equipped to provide comprehensive SRH healthcare and advocate for expanded access in their communities. The TAC Residency accomplishes this through a combination of hands-on clinical experience, advocacy-building workshops, and individual, self-paced education. This program also aims to build local advocates, which is why residents must already live in the states of our clinical partners.

22-23 Cohort — 6

Clinic sites — 2



MEET THE TAC RESIDENTS:



Samantha Mara

After hearing about the TAC residency, I knew it was the perfect opportunity to combine my clinic experience, desire for professional growth, and interest in upholding reproductive rights and abortion access.



Cassandra Durian

The TAC Residency will allow me to connect with my need for service of the community & fulfill my passion for reproductive health.



Hannah Brewster

Through the TAC Residency, I plan to learn more on how to provide safe, sustainable, and affirming patient care in the sexual and reproductive health realm. I am very much looking forward to the community that NSRH and the TAC Residency offer.



Keri Poma

The TAC Residency will aid in my aspirations in working towards the goals to reach a better understanding of policy in abortion access we well as research to expand my abilities to advocate for patients.



Autumn Diggs

I'm excited to have the support to best prepare me to navigate an oppressive political landscape intent on denying people autonomy as it relates to sexual and reproductive healthcare.



ABORTION NURSING CORPS (ANC)

NSRH's Abortion Nursing Corps is an 8-week travel nurse pilot that places registered nurses at abortion clinics. By placing trained nurses at high-volume clinics, this program aims to support both clinics to remain adequately staffed to handle the increase in patient volumes and to utilize the knowledge of abortion care nurses who are committed to ensuring people receive compassionate, competent care.

Clinic sites

- The Cherry Hill Womens Center (NJ)
- A Woman's Choice Raleigh (NC)



Participants — 3

Nurse Resource Library



This year, NSRH launched the Resource Library, which connects our members and others to the excellent work that exists in the SRH community. The Resource Library is a compilation of the brilliant efforts of nurses, providers, and advocates who are driving sexual and reproductive health and justice forward. In it, you will find tools, education, and resources for the nurse and advocate interested in SRH. We've got everything: toolkits, articles, books, webinars, and more!

Environmental Justice in Nursing

Incarceration and Abolition

Equity and Anti-Racism in Nursing



ADVOCACY

NSRH has a multi-faceted approach to sexual and reproductive healthcare advocacy.



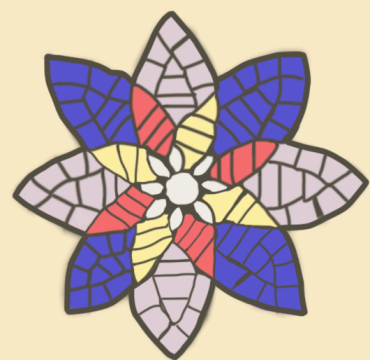
KAREN EDLUND NURSE LEADER FELLOWSHIP

The KE fuels nursing students to leverage their power and become leaders in SRH, reproductive rights (RR) and Reproductive Justice (RJ). We believe that through intentional support and development of nurses from historically excluded identities, we can shift the power structure of nursing and transform healthcare to not only include, but celebrate sexual and reproductive health.

Over the course of six months, fellows gain:

- An understanding of SRH, RJ, and RR
- Professional & leadership skills
- Relationships with key SRH providers and advocates
- Skills, tools, and resources for navigating the healthcare system and challenging white supremacy





2022 KE LEADER FELLOWS



Monica Rodriguez

- Excited to learn about SRH and improve public policy
- Help make health systems more accessible and equitable



Nayelie Benitez-Santos

- Graduated and passed the NCLEX!
- Completed research in Kenya through UCSF
- Co-authored and published, "Equity Gaps in Telehealth Use to Manage Chronic Conditions During Covid-19"



Torey Sippio-James

- Led SRH education session with girls 11-14 through a mentorship group with her local sorority chapter
- Made a cross-country move with her family!
- Leading period parties for girls to learn about menstruation and their bodies!



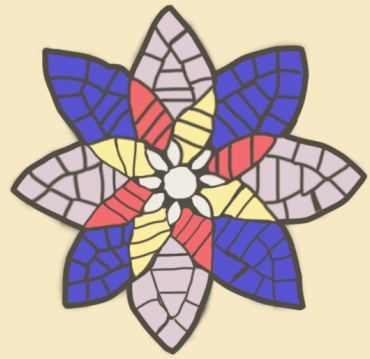
Christina Torres

- Graduated from nursing school!
- Conducted a literature review on best practices for incorporated trauma-informed care into nursing education
- Starting their first nursing job in a cardiac progressive care unit!



Chloe Kellom

- Completed SRH and healthy relationship classes with local high school seniors
- Became president of the Black is Gold organization at UKY
- Accepted into a Nurse Externship program for the remainder of her nursing program!



2023 KAREN EDLUND FUTURE NURSE AWARD

The Karen Edlund (KE) Future Nurse Leader Award recognizes exceptional student chapter leaders and was created as another way to honor Karen's lifelong commitment to sexual and reproductive health and her tenure on the NSRH Board of Directors.

Like Karen, Stephany is dedicated to advancing sexual and reproductive health, equity, and justice. She's especially committed to improving maternal health outcomes for Black women. As a doula, public health graduate, nursing student, and aspiring midwife, Stephany is well positioned to empower her patients while advocating for broader systemic changes in health systems. Congratulations Stephany!



Stephany Graham

Black women are two to three times more likely to die from pregnancy-related causes than white women in the United States. Nurses play a critical role in advocating for and implementing change. As a future nurse and hopefully nurse-midwife, I plan to directly contribute to improving outcomes for Black mothers.



ADVOCACY AND RESOURCES



NSRH celebrates and uplifts the many achievements of our diverse network of student and professional nursing members across the country.

Hispanic Heritage Month

AAPI Heritage Month

Pride Month

Indigenous Heritage Month

Black History Month

Abortion Provider Appreciation Day



LEGISLATION

The California Assembly and Senate passed the 2023 legislative package championed by the California Future of Abortion Council and introduced by the California Legislative Women's Caucus (LWC). The package strengthens existing measures to defend access to abortion care and contraception in California. **NSRH is proud to be part of this important committee.** The following bills are now headed to the Governor's desk for consideration:

AB 254: Confidentiality of Medical Information Act: SRH application information

AB 352: Health information

AB 571: Medical malpractice insurance

AB 1646: Physicians and surgeons: postgraduate training: guest rotations.

AB 1707: Health professionals and facilities: adverse actions based on another state's law

AB 1720: Clinics: prenatal screening

SB 345: Health care services: legally protected health care activities.

SB 487: Abortion: provider protections

BLOG POSTS

Our Freedom Cannot be Overturned, by Lina Buffington

While most of us have known that the present Supreme Court was poised to strike down Roe, which was further confirmed by the leak several weeks ago, the reality of the decision and the resulting shit storm of trigger laws and nightmare legislation to follow is still hard to swallow.

Sexual Health Awareness Month 2022, by Sadia Arshad

For Sexual Health Awareness month, NSRH member Sadia Arshad wrote about why sexual health matters and specifically how nurses can play a role in destigmatizing sexual health.

Share Your Rx - Join the Podcast Revolution, by Hannah Cutts

Hannah Cutts (she/her), NSRH member & nurse midwife, is on a mission to help uplift the voices & perspectives of BIPOC, queer, nonbinary, trans folks, & people who speak a language other than English through the "Share your Rx" podcast.

TBD Health: At-Home STI Testing on Your Terms, by Rizalyn Delgado

TBD Health is a healthcare company that was founded on the philosophy that every individual has the right to sexual healthcare that is accessible, sex-positive, and non-judgmental.

Reproductive Justice for Marginalized Communities: The Fight for Equity in Healthcare, by Hannah Liu

Centering the experiences of marginalized communities is essential to providing unbiased care for patients. Healthcare workers must understand the scope of disparities in reproductive care while working consistently to dismantle their own underlying prejudices.

North Carolina's Senate Bill 20 Threatens Reproductive Access, by Jill Sergison

Jill Sergison (she/her), a certified nurse-midwife, who has done global reproductive clinical research & sexual health advocacy.

CONFERENCES

Several NSRH staff members were able to attend, present, and exhibit at conferences throughout the year!



Exhibited

National Family Planning and Reproductive Health Association (NFPRHA)

Abortion Care Network

Society For Family Planning

Attended

National Abortion Federation

STUDENT ORGANIZING

Our Chapter Organizing Program is a nationwide community of nursing students and educators at nursing schools throughout the country that organizes and advocates for the inclusion of sexual and reproductive health, rights, and justice within nursing education.

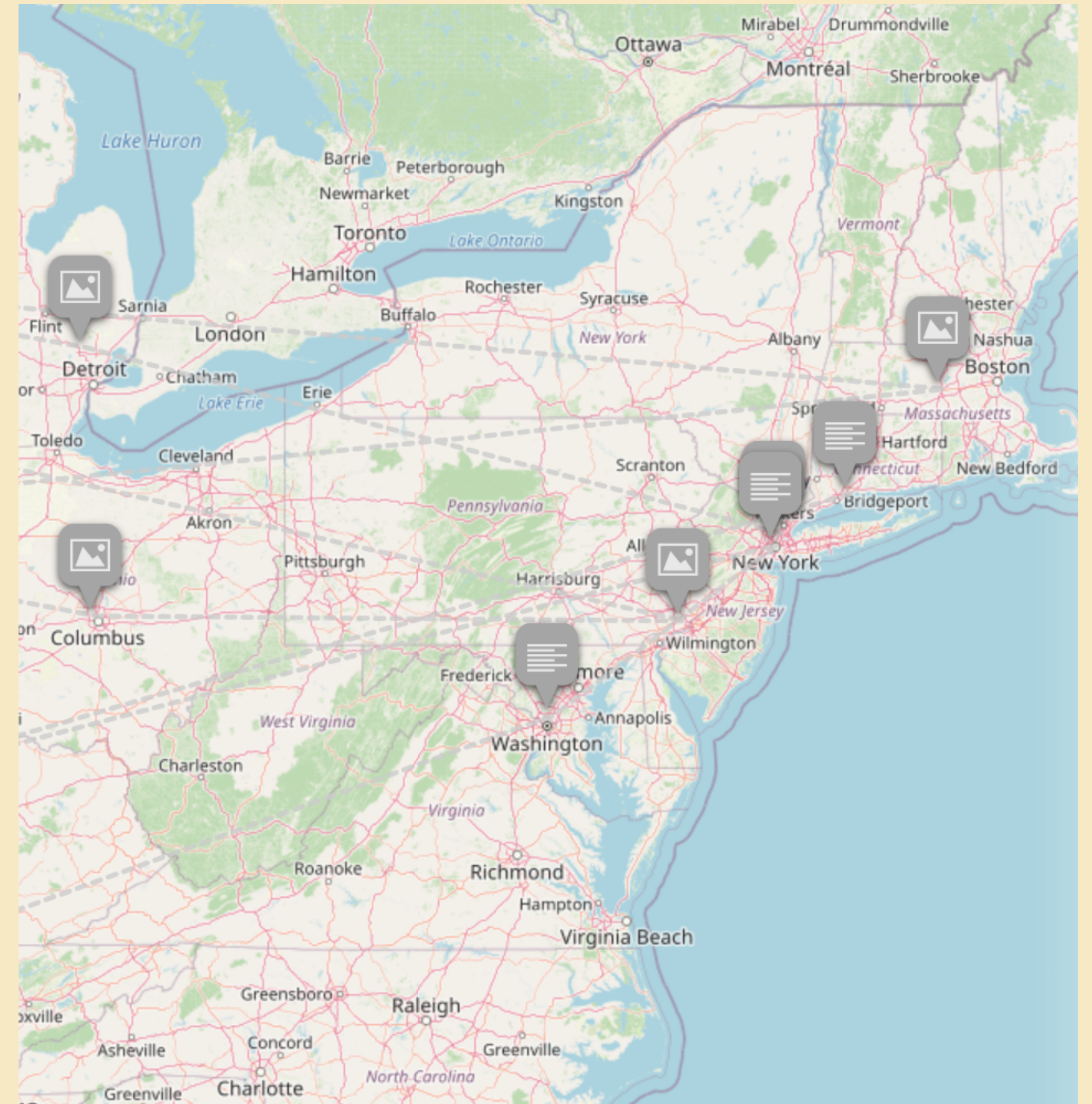


STUDENT CHAPTER MAP

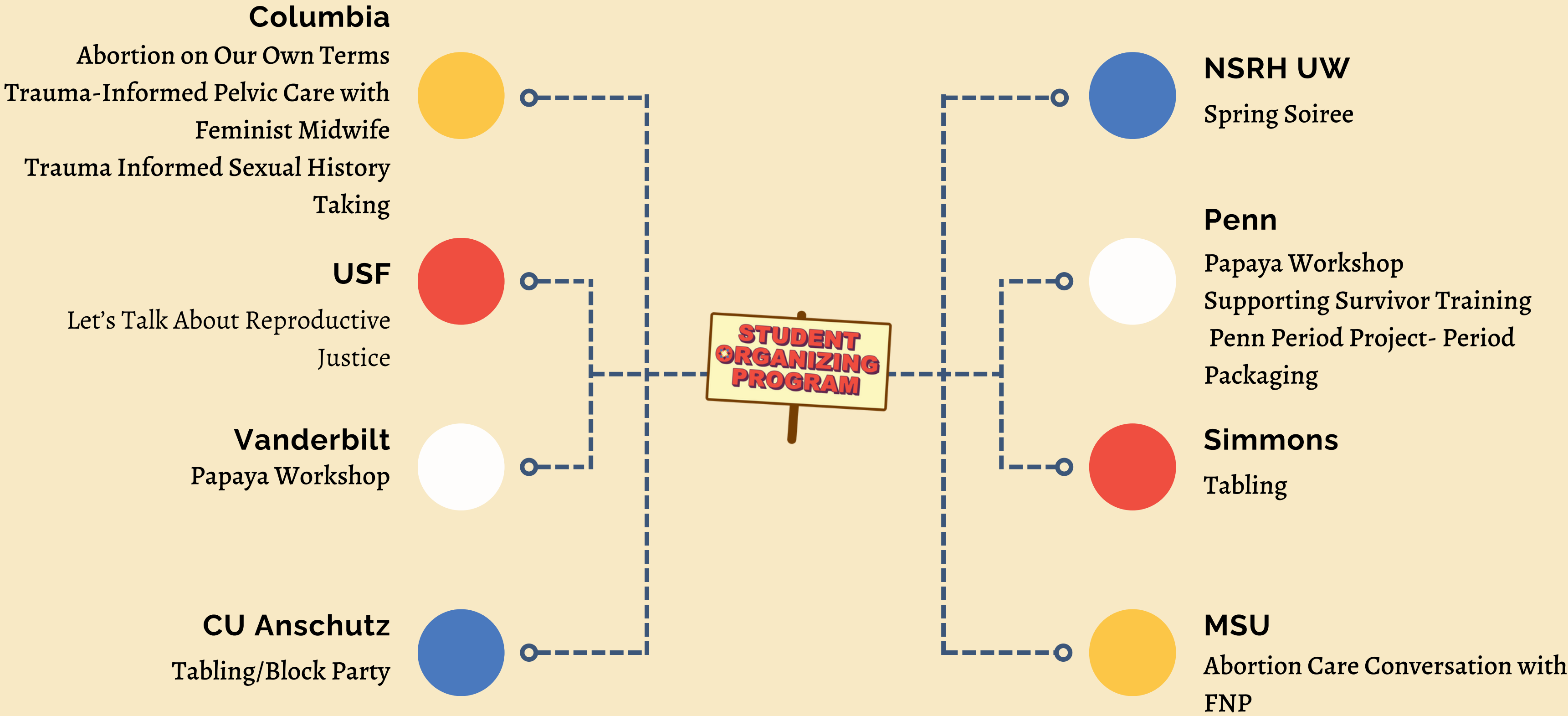
This year, NSRH created the National Network Map, which is live on our website! This project highlights the achievements, history, and advocacy efforts of NSRH's student chapters. We're thrilled to watch this movement expand and support local chapters in their education and community-building events.

Total chapters: 25

New student members: 345



CHAPTER EVENTS





FACULTY CORPS

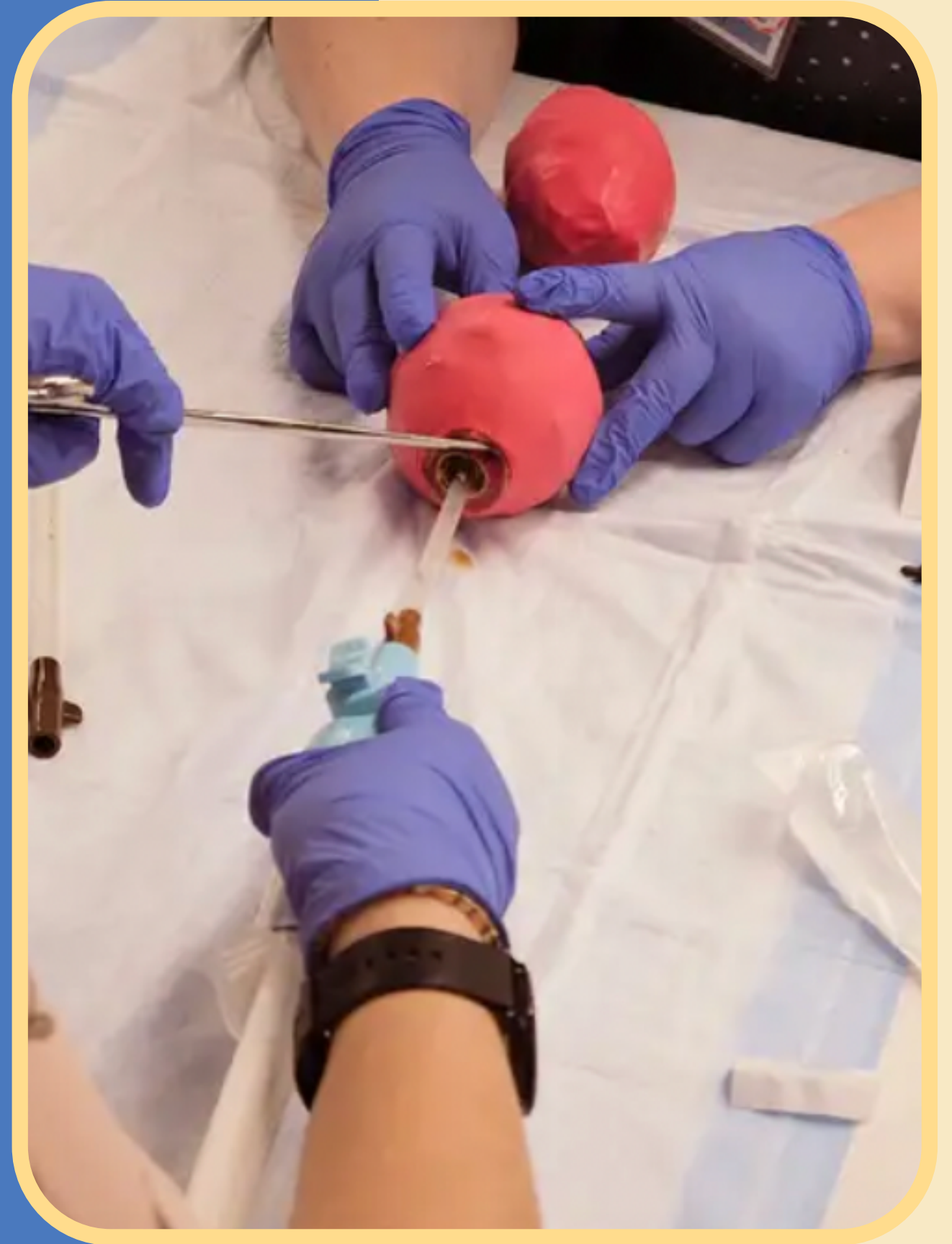
The NSRH Faculty Corps is a national group of NSRH chapter faculty advisors dedicated to advancing and facilitating student-led SRH activism on their campus. They help us to build stronger ties to each of our campus chapter sites.

- Meet 2x/year (once per semester)
- Google Group for targeted NSRH email communications

13 MEMBERS

MEMBERSHIP

NSRH members are part of a trusted community that unites people, knowledge, and networks from across the nursing field to improve the health and wellness of our communities.



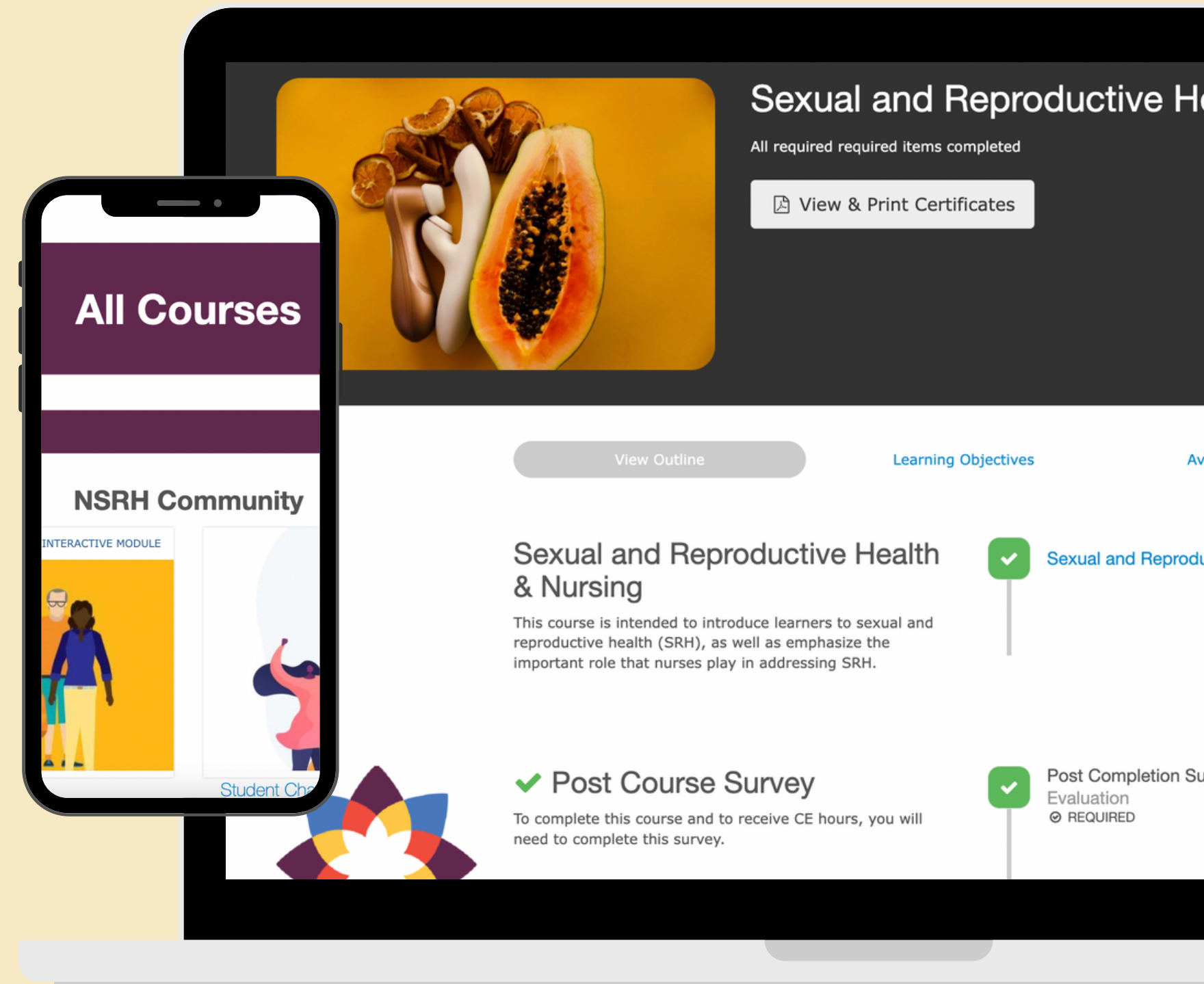
CELEBRATING 1,000 Members

New members this fiscal year: 427



ONLINE INSTITUTE AND MEMBER PLATFORM RE-VAMPED

Accessing the Online Institute is just one of the benefits of joining NSRH membership. We strive to provide a trusted space for members to feel supported, continue learning about the changing reproductive healthcare landscape, and access professional development pathways! NSRH now uses inspire 360 as our learning management platform.



MEMBER TESTIMONIALS





“

June Gupta

To me, NSRH membership means a community and professional home that I haven't had in 15+ years as a nurse and nurse practitioner in sexual & reproductive health. Being a member of NSRH has allowed me to build relationships with colleagues in SRH care as well as further my learning - this has grounded me in my profession and opened my eyes to the spectrum of possibility in SRH nursing. In a field where the role of nurses and advanced practice nurses is rarely centered, NSRH is invaluable and I'm so proud to be part of this organization.

”

“

Chantel Neece

As a child, my healthcare providers didn't look like me. I often felt misunderstood. This directly impacted my motivation to become a Family Nurse Practitioner. As an African-American FNP, I represent just 4.7% of Nurse Practitioners in the United States. I strive to be a holistic provider delivering culturally-competent care rooted in evidence and personal experience. Eliminating healthcare disparities not only requires looking at population metrics but using said data to build provider networks aligning with the full diaspora.

”





“

Kori Woods

I joined NSRH after starting nursing school, where I found there to be a lot of gaps in the material we were being taught about reproductive health. I worked at a local nonprofit reproductive health clinic for about a year and wanted to take that knowledge & passion, and expand upon it to become a better, more inclusive provider in the future.

”